however, the majority of the time the side effects go away with continued use, or if you stop the medicine, they'll go away anyway.

clinics have a built-in incentive that may hurt their patients' chances of ending their dependence.

I've had a tough time clearing my thoughts in getting my thoughts out.

I did a lot of crying and a lot of drinking.

The enterochromaffin cells of the gastrointestinal (GI) tract secret 400 times as much melatonin as the pineal gland - so it is found to have an important role in GI functioning.